Your VitalBand Watch

Touchscreen display

Charging pins

Side optical sensor

Optical heart sensor

Getting Started

To turn on your VitalBand for the first time, attach the USB charger cable to the three charging pins on the left side of the watch.

Make sure the charging pins face inside on whichever arm you wear your watch. This can be configured in the VitalCare app.

How To Get Help

Help in case of a fall can be activated by your voice or a touch of your watch.

To summon help with your voice, simply say, “Hello Blue Genie”. A screen on your watch will immediately appear asking you to confirm your request. Tap the “Yes” button to confirm or the “No” button to cancel the request.

To summon help by touching your watch, navigate to the Help screen, then press your finger down on that screen. This activates a 5 second countdown. If you keep your finger on the screen while it counts down to 1, an alert will be sent. Taking your finger off the screen during the countdown will cancel the alert.
How To Measure Heart Rate and SpO2

To measure your heart rate:
Sit comfortably upright in a chair, remaining calm and relaxed. Tap to reach the heart rate screen, which should say “measuring” with a heart symbol. This process will take up to a minute for an accurate reading.

To measure oxygen saturation:
Tap to reach the Menu screen, then tap “Vitals”. Sit while calm and relaxed, and put your index finger against the side optical sensor. Touch gently, making sure to maintain contact with the sensor. This process will also take up to a minute for an accurate reading. Note: Please make sure your fingertip is warm.

Name ________________________________________________________________________________________________________

Room number ________________________________________________________________________________________________

VitalBand serial number ______________________________________________________________________________________